

# Did you know?

Volunteering is a great way for individuals to strengthen their communities, but it also can be a unique way for individuals to improve their own overall happiness.

A 2020 study published in the

Journal of Happiness Studies examined 70,000 participants, each of whom received surveys that asked questions regarding their volunteering habits and mental health. The study found that, when compared to those who did not

volunteer, people who had volunteered in the previous 12 months were more satisfied with their lives and gave their overall health higher ratings.

The frequency of giving back to one's community also may af-

flect just how much volunteering affects mental health. Study participants who volunteered at least once per month rated their mental health even higher than those who volunteered but did so infrequently.

HD-460037

Open Houses Sunday, September 12, 2021

# Open HOUSES



**211 Kanawha Ave, Dunbar**

**\$289,900**

**2:00-4:00 PM**

Stop by while in the river for some afternoon snacks and a tour of this home!

Fabulous Riverfront home with amenities galore. Enjoy living in your own vacation retreat. Two large decks for entertaining, fishing or just relaxing by the Kanawha River. Nice boat dock, gorgeous kitchen with updated appliances, and many updates throughout the home. DIRECTIONS: I-64 W take Exit 53 (Roxalana/Dunbar) Stay Right. Turn Left at 3rd light onto Dunbar Ave. Turn Right onto 2nd St. Follow Rd to the end, Turn Right onto Kanawha Ave. The home will be on the left.

**White, Peggy**  
(304) 395-0619



**898 Sherwood, Charleston, WV**

**\$184,900**

**2:00-4:00 PM**

First time open. Love the charm of an older home but want it updated? Here's your chance. 1930s beauty offering hardwoods, built ins, trims, French doors & qualities of the era but also offering an updated kitchen & baths. 3 bedrooms, 1.5 baths, lower level office, wood burning insert, Large fenced yard, 2 car detached garage + storage buildings. Move in ready. DIRECTIONS: From Charleston, Corridor G to left on Hickory to right on Sherwood.

**Joe Nekoranec CRS,GRI**  
304-552-2042

R. Joseph Miller, Broker  
[oldcolony.com](http://oldcolony.com)



**605 Steeple Chase Drive, Hurricane**

**\$339,900**

**2:00-4:00 PM**

Spacious, move-in ready, 4-5 bedrooms with full finished basement in quiet neighborhood. Blue ribbon school district. Corner lot just under 1/2 acre, big flat back yard with screened-in porch & new deck. Your own private oasis. 3 car garage, 3rd being oversized. Plenty of parking. Large closets & lots of storage including 2 attic spaces. New carpet on main level. HW provided. DIRECTIONS: Teays Valley Rd to Springdale. Left on McClung, Left onto Steeple Chase. House on Left.

**Cami Lynn Alford**  
(304) 389-8072



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R. Joseph Miller, Broker  
[oldcolony.com](http://oldcolony.com)



**1570 Kanawha Blvd., E. #202, Charleston**

**\$297,900**

**2:00-4:00 PM**

Drop by and Simplify! This lovely 2-BR condominium offers river views and easy living! DIRECTIONS:

Head up Virginia Street, East towards capitol building. At Greenbrier Street turn right onto BLVD., bulding on left, parking in rear.

**Sallie Hart**  
304.542.7447  
**Pam Lewis**  
304.552.6049

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**1313 Lee Street, Unit 106, Charleston**

**\$279,000**

**2:00-4:00 PM**

Beautifully renovated townhouse steps away from the Clay Center, the Capitol and Downtown. Two car garage. 5 newly renovated bathrooms, with the best master around. Updated windows, refinished hardwoods, great front porch and so much more!

DIRECTIONS: Kanawha Boulevard to Morris Street, Right on Lee, right into Maple Terrace.

**David Bailey**  
304-415-4999  
**D.C. Bailey, Broker**

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