

Real Estate **TODAY**



REALTOR® profile

Patrick Rayl
Realtor/Salesperson

Impact Realty Group

Patrick Rayl is a Huntington resident and spent time between Huntington and Columbus since being a child. He has lived in Huntington since coming back to go to Marshall University in 2007. He worked at Marshall for over 8 years in many different roles from Housing Maintenance to Recruitment.

Patrick began his real estate career working for Eddie Mylar as an assistant in 2018. He learned how to navigate deals during his time as Eddie's assistant and started to work full time as an agent in 2020. Patrick is part of the Huntington Board of Realtors, Kanawha Valley Board of Realtors and the Ashland Area Board of Realtors. He is a licensed Salesperson in West Virginia, Ohio and Kentucky.

Patrick loves being a Realtor because he loves to help clients navigate the whole process and tries to make it as stress-free as possible. Being a Realtor gives him the opportunity to not only help but meet many different types of people in the local community.

Patrick serves as the Vice- President of the Kiwanis Daycare Board of Directors. He also is the Vice President with the Huntington Kiwanis Club. Patrick has also been an Upward basketball coach for close to 8 years. He is always looking for a way to help his community.

Patrick and his wife Sarita have been married for 8 years. They have a son, Silas, who is four years old and a daughter, Keziah who is one and half years old. They also have a dog named Cici who keeps them on their toes. Patrick loves to travel, watch sporting events and play kickball and wiffle ball.



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WINTER DECLUTTERING

by Shelley Rowe, President, Huntington Board of REALTORS®

The cold drab days of February are great for relaxing and snuggling up on the couch with a great movie or book. But this season spent mainly indoors is also a wonderful opportunity to get a jump start on cleaning, organizing and decluttering your house. Whether you are planning on putting your home on the market for sale or to just give a good sprucing up, winter months are perfect. Did you know, decluttering and cleaning your space can also give the added benefit of lowering stress levels? According to a study by Princeton University, researchers discovered our living environment can

positively or negatively impact our ability to complete tasks as well as our overall mental health. Another study by the University of Connecticut reinforces the idea that removing and controlling clutter can reduce stress and help individuals feel less anxious and more confident. Seem like too big of a task? Here are some easy ideas to see a difference quickly. First, try the 5 minute rule. Work on an area for only 5 minutes to begin with. Amazing what can be accomplished in 5 minutes. Second, tackle the smallest area or items first. Third, designate a “donate or discard” area. This way you are removing what you

no longer need. Lastly, wipe down or dust area, sweep or mop and voila...that space is tidy!

Winter is also a good time to assess what is going on outside. Pick a milder day and take a little stroll around the yard. Any areas of standing water? Do the gutters appear to be draining properly? How is the driveway? Need to add gravel or make repair to asphalt or concrete due to weather or salt damage? Mark these areas or make a note and you will be ready to address when Spring arrives. Small efforts can make a big impact. Wishing everyone a fabulous February!