

# How to make outdoor living spaces more comfortable

Private backyards are now go-to spaces for recreation and entertainment and great places to recharge the body and mind.

One ripple effect of the COVID-19 pandemic was more time spent outdoors, even if it was predominantly on one's own property. OnePoll, in conjunction with the lawn care company TruGreen, surveyed 2,000 American homeowners and found participants spent 14 hours outside every week in 2021, which was three hours more than prior to the pandemic. In addition, respondents admitted that time spent outdoors was therapeutic.

A separate survey conducted

for the International Casual Furnishings Association found that people now spend more time relaxing, gardening, exercising, dining, and entertaining outside than in years past. Though COVID-19 may no longer dominate headlines, the desire to enjoy outdoor spaces has not waned.

While enjoying outdoor living areas, homeowners can do all they can to make these spaces comfortable and welcoming. The following are some good starting points.

Outdoor spaces can be enjoyed no matter the hour when there is ample lighting. That could be why the International Casual Furnishings Association reports those

who plan to renovate their outdoor spaces list outdoor lighting as a priority. Outdoor lighting not only sheds light on entertaining spaces, but also makes spaces safer and more secure.

No matter how friendly homeowners are with their neighbors, there comes a time when privacy is paramount. Fencing, whether it is wood or vinyl, or even a natural fence made from closely planted hedges, can ensure residents feel comfortable venturing outdoors to swim, take a cat nap or even star gaze in private.

Homeowners should note the direction their backyard faces and the typical daily conditions of the

space. For example, a yard that faces southwest may get plenty of strong sun during the day, requiring the addition of shade trees, covered patios or arbors to cut down on the glare and heat. If the yard is often hit by winds, trees or bushes planted strategically as windbreaks can help.

High-quality comfortable seating increases the likelihood that homeowners will want to stay awhile in their outdoor spaces. A deep seating set complete with plush chairs, outdoor sofa or love seat and chaise lounge chairs gives people more opportunity to sit and stay awhile.

A pool can be the perfect gath-

ering spot on a warm day, while a spa/hot tub can bridge the gap to cooler weather. According to the Family Handyman, soaking in hot tubs can relax tired muscles after a long day, loosen up stiff joints, improve cardiovascular health, and reduce the time it takes to fall asleep.

Homeowners may want to consider using a professional exterminator to get rid of ticks, mosquitoes and other nuisance insects from outdoor spaces.

As people spend more time enjoying their properties, they can consider the many ways to make outdoor living spaces more comfortable.

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